

annual report
2025-2026

pregnancy • early childhood • family

Our Impact in Numbers

Over 22,700
individual interventions

A team of 80 people
working at 5 sites



493 pregnancy follow-ups

192 interns
from a diverse
set of disciplines

92 volunteers
who gave us
1,725 hours

27 inspiring initiatives
involving citizens and businesses

390 groups*
and 29 special activities

8,690 people followed
since the opening of the
first Maison Bleue in 2007

*At La Maison Bleue, there are group activities and themed events to foster a welcoming and caring environment. By placing mutual support and prevention at the heart of our interactions, families have a space to share their knowledge and build connections with one another in a safe environment.

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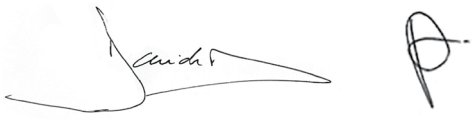
Message from Davide Pisanu and Amélie Sigouin

The past year has been challenging. It has been challenging for the families we support, for community networks and healthcare networks, and for those who work every day to keep a fragile social safety net alive. And yet, this year was also marked by the solidarity of our supportive village and by our determination to vigorously carry out our mission: to support families starting from pregnancy so that every young child, regardless of their background, can grow up surrounded by love, protected, and supported.

At each of our five locations, serving more than 1,260 families, the team at La Maison Bleue has remained true to its core purpose: to provide a non-judgmental space where we believe in families' potential, even—and especially—when they doubt it themselves.

This perspective continues to guide our approach to social perinatality care—an approach we champion and promote in order to bring about lasting change in practices within the health and social services network as well as the justice system. This past year, we launched the ***Espace périnatalité sociale*** web platform to share our expertise in a more targeted manner. The practical tools, training sessions, and webinars we've developed have enabled us to reach a growing number of practitioners and professionals throughout Quebec. Our collaborations in community, institutional, philanthropic, and academic sectors remain at the heart of our daily work, enabling us to better address the complex needs of families and thus weave a tangible safety net for parents and children living in vulnerable situations.

Inspired by the strength and resilience of the families we support, we humbly continue the work to build a society that is fairer, kinder, and more supportive of our little ones. These children carry within them a world of promise and look at us with pure, open eyes, full of hope for a world yet to be created. Let's take care of them and rise to the occasion.





Davide Pisanu
Chairman of the Board of Directors

Amélie Sigouin
Executive Director and Co-founder

"Opening the door at La Maison Bleue is saying 'yes' to hope! It means giving ourselves permission to believe that our children will move forward with confidence toward the future."

– Guylaine Tremblay, sponsor and spokesperson for La Maison Bleue



Photo credit: Julien Faugere

Working towards equal opportunities regardless of living situation

La Maison Bleue supports pregnant women and their families living in vulnerable situations. Its mission is to reduce social inequalities and promote the optimal development of children, from the womb through age 5.

The approach developed by La Maison Bleue —social perinatality care—enables preventive intervention on the main social determinants of family health and their environment, with a focus on equal opportunity.

Measuring the impact of La Maison Bleue

Familles followed

between April 1st 2025 and March 31st, 2026

	CÔTE-DES-NEIGES	PARC-EXTENSION	SAINT-MICHEL	VERDUN	MONTRÉAL-NORD*	TOTAL
Pregnant women	103	127	117	79	67	493
Mothers	351	327	334	161	90	1,263
Spouses	150	31	114	40	1	336
Children	382	333	416	182	84	1,397
Total number of people for the year	883	691	864	383	175	2,996

*Montréal-Nord has been in full-time operation since September 2025

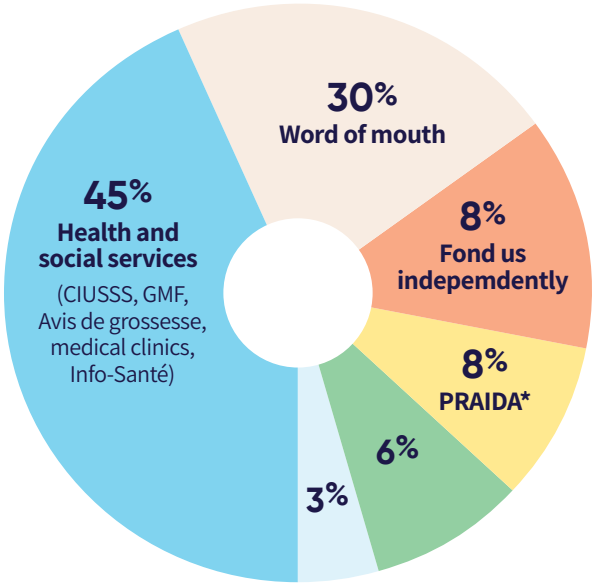
La Maison Bleue's intervention model helps mitigate the effects of social vulnerability on the health of newborns. With the intervention model, families with complex needs or in challenging situations achieve optimal health outcomes.

Health indicators	La Maison Bleue	Quebec average*
Low birth-weight	6.15%	6.60%
Premature birth	7.36%	7.40%
Breastfeeding exclusively (at discharge from hospital)	71.4%	51.8%

*Source: *Institut de la statistique du Québec*

Portrait of our families

Sources of new referrals





- **Community partners**
- **Institutions and others**
  (DPJ, schools, libraries, pharmacies, etc.)

*Regional Program for the Settlement and Integration of Asylum Seekers (*Programme régional d'accueil et d'intégration des demandeurs d'asile*)

Key issues and challenges identified by our families

77% Precarious financial situation	**76%** Isolation, emotional fragility, etc.	**64%** Asylum seekers
29% Language barriers	**23%** Education level below high school diploma	**23%** History of violence
22% Single-parent household or absent spouse	**17%** Unwanted pregnancy	**8%** Domestic violence or marital difficulties

Survey of our families

Over the 2025–2026 fiscal year, a survey was conducted among families with a 12-month-old child followed by La Maison Bleue regarding the support they received.

98%

of mothers said that they are generally satisfied with the support they received.

More than

3 out of 4 mothers

said that their sense of competence as parents had grown and reported greater confidence in their parenting skills.

"For the rest of my life, I will never regret my time at La Maison Bleue. The team really helped me become a happy and fulfilled mom."

– A mother followed by La Maison Bleue

"The professionals at La Maison Bleue have supported me since 2023. Despite my difficulties adjusting and the challenges related to my addiction disorder, they have never stopped heling me and have always supported me in achieving my goals."

– A mother followed by La Maison Bleue



Board of Directors

Ensuring coherent actions and fair governance

Chair **Davide Pisanu** Executive Officer – ClearEstate | **Vice Chair** **Francis Laperrière Racine** Lawyer – McCarthy Tétrault LLP **Treasurer** **Sophie Bergeron** Senior Director, Private Equity – La Caisse | **Board Members** **Isabelle Brabant** Midwife, author and speaker • **Julie Carbone** Director of Media and Influence – L'Oréal Canada • **Claire Chamberland** Vice President of the AIDES Initiative and Professor Emerita, School of Social Work – Université de Montréal • **Isabelle Gauthier Brancoli** Senior Director, Claims – Intact • **Émilie Russo** Director, Philanthropic Development – La Presse • **Amélie Sigouin** Co-founder and Executive Director – La Maison Bleue • **Bernadette Thibaudeau** Coordinator, GMF/GAP/IPS Clinic/Chronic Diseases – Primary Care Integrated Services Division – CIUSSS du Centre-Ouest-de-l'Île-de-Montréal | **Honorary Member** **Dr. wVania Jimenez** Family Physician and Co-founder – La Maison Bleue and Associate Professor, Department of Medicine – McGill University

Committees

Ambassadors Committee

Cultivating our network and ensuring the sustainability of its impact

Claudine Beaudet Vice President, Employees and Culture • **Frédéric Bélisle** Director, Investment Banking– TD Securities **Sophie Bergeron** Senior Director, Private Equity – La Caisse • **Julie Carbone** Director of Media and Influence – L'Oréal Canada **Éléonore Chatigny** Marketing Activation Specialist – L'Oréal Canada • **Alexis Dorais** Senior Director, Ice Services – Fednav **Isabelle Gauthier Brancoli** Senior Director, Claims – Intact • **Anne-Marie Hart** Volunteer • **Stéphanie Hart** Senior Portfolio Manager – Jarislowsky Fraser Ltd • **Claudia Rajaonah** Director – Deloitte Digital • **Émilie Russo** Director, Philanthropic Development – La Presse • **Maxime Tourangeau** Partner and Regional Team Leader, Growth Investment Partners – BDC Capital

Expert Advisory Committee

Validating impact through research and innovation

Isabelle Brabant Midwife, author and lecturer • **Claire Chamberland** Vice President of the AIDES Initiative and Professor Emerita, School of Social Work – Université de Montréal • **Dr. Vania Jimenez** Family doctor and co-founder – La Maison Bleue and Associate Professor, Department of Medicine – McGill University • **Lisa Merry** Associate Professor, Faculty of Nursing – Université de Montréal and Researcher, SHERPA University Institute – CIUSSS du Centre-Ouest-de-l'Île-de-Montréal • **Tina Montreuil** Associate Professor in the Department of Educational Psychology and Counseling Psychology and Associate Member of the Departments of Psychiatry and Pediatrics – McGill University • **Julie Poissant** Associate Professor, Faculty of Education – Université du Québec à Montréal and Researcher, University Institute for Primary Health and Social Services – CIUSSS de l'Estrie-CHUS

Liaison Committee

Aligning efforts and strengthening collaboration

CIUSSS **Isabelle Cormier** Assistant Director, Youth Programs – Perinatal Continuum, Family-Child-Youth – CIUSSS Centre-Sud-de-l'Île-de-Montréal • **Robert Gervais** Assistant Director, Child and Family Services, Birthing Centre, Youth, and PRAIDA, and Director of Integrated Frontline Services – CIUSSS Centre-Ouest-de-l'Île-de-Montréal • **Éric Vallée** Assistant Director, Youth and Public Health Programs, CLSC Mission – CIUSSS de l'Est-de-l'Île-de-Montréal • **Natalie Zirnhelt** Assistant Director, Youth Continuum and DI-TSA-DP Continuum, Directorate of Youth Programs and Public Health Activities – CIUSSS du Nord-de-L'Île-de-Montréal

Family Medicine Group **Charles Boisvert** Head of Department, General Services and Urban Partnerships Division – GMF-U de Verdun **Dr. Bastien Delage** Physician – GMF-UMF Maisonneuve-Rosemont and La Maison Bleue Saint-Michel • **Dr. Vania Jimenez** Lead Physician – GMF-U Côtes-des-Neiges • **Dr. Louis-Bruno Théberge** Lead Physician – GMF-U Parc-Extension

Birthing Centres **Nathalie Bisson** Head of the Clinical Midwifery Department – Jeanne-Mance Birthing Centre • **Marie-Pier Mainville** Head of the Clinical Midwifery Department – Marie-Paule-Lanthier Birthing Centre • **Marie-Claude Masson** Acting Head of the Clinical Midwifery Department – Côte-des-Neiges Birthing Centre • **Rocio Vargas** Head of the Clinical Midwifery Department – Anne-Courtemanche Birthing Centre

MSSS **Sophie Roberge** Perinatal Advisor, Maternal and Child Services Division – Ministry of Health and Social Services

La Maison Bleue **Amélie Sigouin** Executive Director and co-founder • **Dominique Arsenault** Assistant Executive Director **Manon Lapierre** Director of Operations • **Stéphanie Moncion** Clinical Program Director

Management Team

Supporting the quality of our services and the sustainability of our mission

Executive Management **Amélie Sigouin** Executive Director • **Dominique Arsenault** Assistant Executive Director • **Solange Garçon** Director of Administration and Resources

Practice Support and Services **Manon Lapierre** Director of Operations • **Stéphanie Moncion** Clinical Program Director **Élizabeth Sigouin** Lawyer and Director of Legal Support Services • **Marie-Christine Harguindéguy-Lincourt** Director of Quality and Expertise • **Lina Leduc** Manager, Practice Support and Knowledge Transfer (on maternity leave) • **Vanessa Payette** Manager, Quality and Expertise • **Sarah Pisanu** Consultant, Quality and Expertise

Philanthropy and Communications **Maude Landreville** Director of Communications and Philanthropic Development **Merryl B. Lavoie** Interim Communications Manager (until December 2025) • **Émilie Charron** Communications Manager **Salma Moussatef** Manager, Philanthropic Development

Administration and Finance **Oleg Armas** Manager, Finance • **Marie-Eve Silva** Special Projects and Administrative Support

The *Réseau* La Maison Bleue sites

The team at each location in our *Réseau* has shared a memorable story from the past year.

La Maison Bleue Côte-des-Neiges

Building connections through art

The collaborative mural in the playroom at La Maison Bleue Côte-des-Neiges embodies the very essence of our mission: to support the well-being of families living in vulnerable situations within a genuine community of mutual support. This project was born of a shared vision between the team at La Maison Bleue, artist Katy Lemay, and La Maison de la culture de Côte-des-Neiges. Our mothers expressed their love through colours and words; students from Le Pensionnat du Saint-Nom-de-Marie, a long-standing partner of La Maison Bleue, built a bridge between generations by participating in the artwork; our team added symbols of protection and rootedness. This artwork was not created for our community, but rather with it. It remains a vibrant reflection of our creativity and the beauty of the world we wish to offer every child.







Our team

Judette Accéus
medical secretary

Ancuța-Elena Stan
site manager

Marie-Eve Cournoyer
specialized nurse practitioner

Anita Sharma
specialized nurse practitioner

Camille Des Roches
nurse

Sara Todd
social worker

Camille Anctil
psychoeducator

Anh-Li Bourgeois Lagacé
psychoeducator

Élizabeth Sigouin
lawyer

Natacha Besançon
midwife
(on maternity leave)

Annie Léger
midwife

Dr. Vania Jimenez
family doctor

Dr. Stéphanie Jospitre
family doctor

Dr. Marisa Robert
family doctor

Dr. Hélène Rousseau
family doctor

Dr. Layla Younes
family doctor

La Maison Bleue Parc-Extension

Cultivating presence and a sense of belonging

At La Maison Bleue Parc-Extension, the strength of our community is demonstrated by the commitment of the families who engage with our spaces with touching dedication. Whether through group activities, such as cooking workshops or story time, or seasonal celebrations, this active participation by families reflects a desire for connection and a strong sense of belonging. By coming together to share their stories and celebrate life's cycles, families overcome isolation, strengthening ties to their community.







Our team

Dorina Orosan
medical secretary

Sophie Auger
site manager

Anne-Sophie Gergoy
nurse

Anne-Marie Bellemare
social worker
(until July 2025)

Christine Hoang
social worker

Anh-Li Bourgeois Lagacé
psychoeducator

Emy Kaloul
psychoeducator

Élizabeth Sigouin
lawyer

Juliette Desjobert
midwife

Dr. Maya-Geneviève Cholette-Tétrault
family doctor

Dr. Catherine Jarvis
family doctor

Dr. Laura Maclaren
family doctor

Dr. Noémi Sigouin
family doctor

La Maison Bleue Saint-Michel

Validating and celebrating the experience of motherhood

During Breastfeeding Week, La Maison Bleue Saint-Michel created a dedicated space where experienced mothers and expectant mothers could meet and forge bonds of mutual support. Through this sharing of knowledge and kindness, each woman found the support she needed to build confidence in her abilities and break out of isolation. This moment of connection, captured in a professional photo shoot by Merryl B. Lavoie, gave families a tangible reminder of their strength and dignity.







Our team

Andrea Solorzano Garcia
medical secretary

Caroline Belliard
site manager

Claudine Ahern
specialized nurse practitioner

Astrid Joubert
specialized nurse practitioner

Rajaa-Fatima-Zohra Sedjal
nurse

Viviane Forget
social worker

Laurianne Fortin Ménard
social worker
(on maternity leave)

Natalie Lajeunesse
special education teacher

Julien Dion
lawyer

Julie Ranger
lawyer
(until February 2026)

Selvi Annoussami
midwife

Dr. Bastien Delage
family doctor

Dr. Frédéric Douesnard-Malo
family doctor

Dr. Annie Piché
family doctor

Dr. Alexandre Rolland-Dery
family doctor
(until June 2025)

La Maison Bleue Verdun

Taking a pause and offering a space of gentleness

To fully embody La Maison Bleue's mission, our efforts extend beyond the clinical setting to address the realities faced by our families. By addressing social needs, we create precious moments of togetherness, such as preparing a special Christmas meal for a family at La Maison Bleue Verdun who was going through a particularly difficult time. Caring presence combined with versatility illustrate the strength of our holistic approach: beyond addressing urgent needs, our role is to nurture hope and offer moments of joy amid the challenges of daily life.







Our team

Sandra Mapasa
medical secretary

Suzie Allard
site manager

Geneviève Cantin
interim site manager

Andy Iraheta
specialized nurse practitioner

Marie-Joëlle Johnson
specialized nurse practitioner

Andrea Cardenas Sandoval
nurse

Émilie Forest-Malbranque
social worker

Dania Larouche
special education teacher

Julien Dion
lawyer

Julie Ranger
lawyer
(until February 2026)

Marie-Ève Taschereau
midwife

Dr. Jessica Burelle
family doctor

Dr. Pascal Peschard
family doctor

Dr. Mila Pham-An
family doctor
(on maternity leave)

Dr. Nathalie Girouard
family doctor

La Maison Bleue Montréal-Nord

Cultivating social roots

Beyond medical care, the team at La Maison Bleue provides a reassuring presence, where every question is met with a respectful answer. This welcome evolves with the changing seasons, as themed celebrations become a setting for lasting solidarity. By supporting one another in a safe space, mothers who were once isolated are now building their own networks. Some proudly enroll in French language classes, while others assert their independence by participating in neighborhood activities. This transition from vulnerability to civic engagement speaks to the strength of the human network forged under our roof. By fostering this sense of belonging, La Maison Bleue does more than just provide care; together with our families, La Maison Bleue lays the foundation for successful integration and a secure future at the heart of the community.









Our team

Jamila Nadaoui
medical secretary

Éléonore Cazelais
interim site manager (until March 2026)

Monica Meza Giron
site manager

Nathalie Burns
specialized nurse practitioner

Magali Dubuc
nurse

Isabelle Masse
social worker

Maria Cabello
psychoeducator

Julien Dion
lawyer

Stéphanie Filion Coulombe
interim midwife

Tania Laviades
midwife

Dr. Fanny Gentilcore
family doctor

Dr. Fabiana Maria-Alexia Smoc
family doctor

Dr. Caroline Perreault
family doctor

Dr. Jamilah Temfack-Pouoh
family doctor

Breaking down barriers to access to justice

Legal Support Services

When a legal issue arises in a context of vulnerability, families can quickly feel overwhelmed. The lawyers at La Maison Bleue provide tailored support and clear information on the options available when facing a legal issue. This support helps parents reclaim their rights while freeing up the time they need to focus on their own well-being and that of their children.

Safeguarding the rights of families to make daily life easier

Legal Support Services (LSS) works to empower families by offering clear, accessible advice on their rights across different legal domains. By simplifying technical jargon, the team creates a space of trust and connection where parents can understand the issues that concern them, whether they relate to housing, employment, or immigration.

Although the lawyers at La Maison Bleue do not represent families in court, their guidance reassures families and simplifies complex procedures. Through workshops and awareness-raising tools, the LSS promotes a sense of autonomy, enabling families to develop protective habits in their daily lives.

Our most common topics of consultation

- Immigration law
- Family law
- Housing law
- Domestic violence and criminal law
- Administrative law
- Labour law

> "I'd like to thank my lawyer for his professional and caring support (...) He was able to make the process simple and reassuring."
>
> – A father followed by La Maison Bleue

Our year in numbers

510
people supported by LSS

2,734
individual interventions

29
informational workshops attended by 175 people

98%
of those surveyed answered YES to the question
Do you feel that you are heard, understood, and respected by the lawyers at La Maison Bleue?

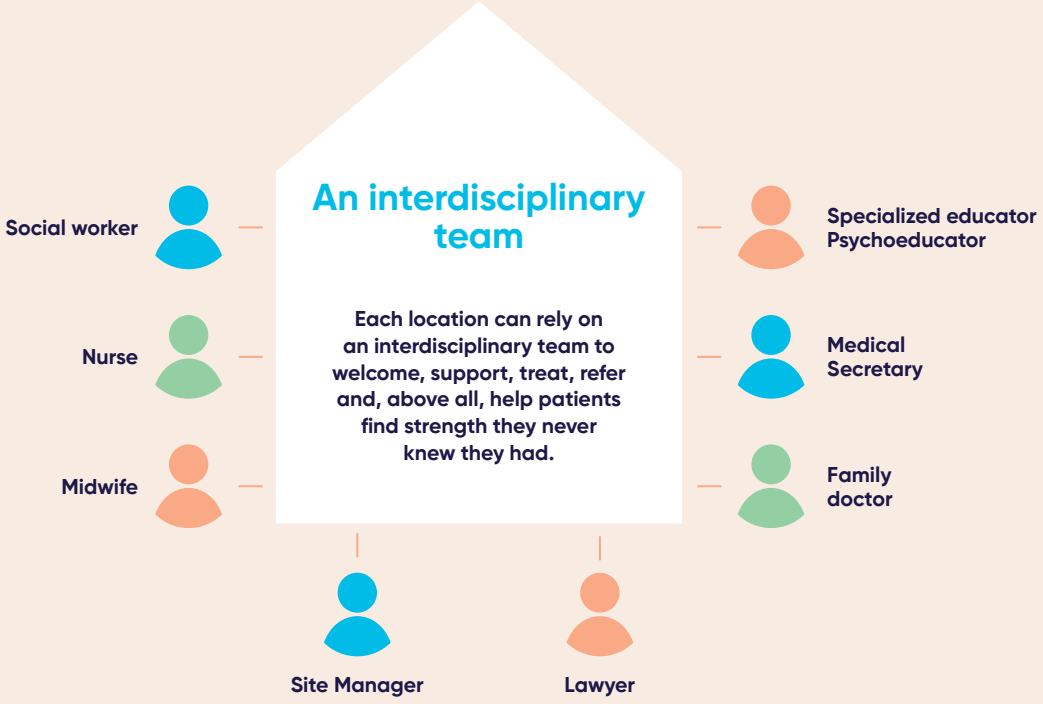
Joining forces and pooling resources

Ensuring alignment between public services and the strength of the community

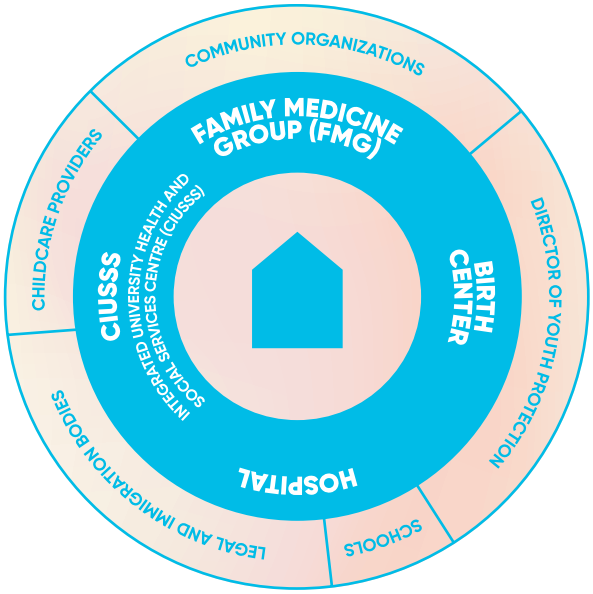
To provide comprehensive and personalized support to families, for nearly twenty years La Maison Bleue has, practiced an innovative, human-centred approach.
To create a comprehensive safety net and ensure that every pregnant woman is protected, the model relies on vital interdependence between three entities:

- A nonprofit organization (OBNL)
- An integrated university health and social services centre (CIUSSS)
- A family medicine group (GMF)





La Maison Bleue's ecosystem



Our partners in healthcare and social services

- Ministère de la Santé et des Services sociaux du Québec
- CIUSSS du Centre-Ouest-de-l'Île-de-Montréal
- CIUSSS de l'Est-de-l'Île-de-Montréal
- CIUSSS du Centre-Sud-de-l'Île-de-Montréal
- CIUSSS du Nord-de-l'Île-de-Montréal
- GMF-U de Côte-des-Neiges
- GMF-U de Parc-Extension
- GMF-U Maisonneuve-Rosemont
- GMF-U de Verdun
- GMF-U Montréal-Nord-Est
- Jewish General Hospital
- Maisonneuve-Rosemont Hospital
- Centre Hospitalier de l'Université de Montréal (CHUM)
- Hôpital du Sacré-Cœur-de-Montréal
- Côte-des-Neiges Birthing Centre
- Jeanne-Mance Birthing Centre
- Anne-Courtemanche Birthing Centre
- Marie-Paule-Lanthier Birthing Centre

Our partners in improving service offerings:

Community Network

Alternative Naissance (birth support and guidance), Collectif Bienvenue, Canadian Council for Refugees, Intervention network for persons affected by organized violence (RIVO), Centre Communautaire de Loisir de Côte-Des-Neiges (CELO), Espace Le Havre.

Alima
Centre de nutrition sociale périnatale

A long-standing partner, Alima provides perinatal social nutrition services at all our locations. This year, 107 pregnant women received nutritional support, totaling 688 individual appointments.

Fondation de la Visite

In addition to providing postpartum care services to families, our partner, Fondation de la visite, supports expectant parents and their newborns by providing birth kits. This year, 185 kits were distributed at our sites.

MISSION OLD BREWERY

This new partnership allows families to take advantage of the homelessness prevention program, supporting their search for suitable housing. This collaboration is invaluable in preventing cases of visible or hidden family homelessness.

We can also count on volunteer professionals

Au pupitre, Champa Cyr-Ratantray, Institut d'Enseignement de l'Ostéopathie du Québec

Our support network, addressing the needs of our families

Shelter and housing

Legal, immigration and French language support

Food and nutrition assistance

MORE THAN 200 COMMUNITY PARTNERS WORKING IN THE FOLLOWING SECTORS:

Physical and mental healthcare

Employment assistance and financial resources

Support for children and families

A detailed list of our many partners is available on our website

Supporting families in vulnerable situations: the three pillars of our approach

An interdisciplinary team under one roof

An interdisciplinary perspective lies at the heart of our model, ensuring that social perinatality care addresses the full range of health needs of pregnant women, families, and unborn children. By bringing together medical, psychosocial, educational, and legal services in a safe, multidisciplinary setting, La Maison Bleue offers families support that is personalized, effective, and human-centered.

Prioritizing community-based outreach

Community-based outreach brings families closer to the essential services that address their health and well-being. This translates into a welcoming, reassuring environment that is firmly rooted in their community. To achieve this, La Maison Bleue relies on close collaboration with community and institutional partners, creating a cohesive network of solidarity within the neighborhood itself.

Working together and prioritizing empowerment

Support and empowerment are complementary pillars of intervention. While support provides necessary assistance to parents whose energy is heavily taxed, empowerment enables them to recognize and harness their own strengths to regain control over their lives. By sharing this burden with parents, the team enables them to draw on their own resources and with a renewed vitality.

"When my little girl walks past La Maison Bleue, she always wants to go inside... and once she's inside, she doesn't want to leave."

– A mother followed by La Maison Bleue



Providing high-quality services through a structured family trajectory

Although each location adapts to the realities of its community, La Maison Bleue's service offerings remain consistent and rigorous. The expertise of the interdisciplinary team is leveraged to ensure comprehensive support within a structured family trajectory, tailored to the specific needs of each family's situation.

This approach allows us to meet the needs of all family members accurately and consistently. This support is long-term, through pregnancy until the youngest child in the family reaches the age of 5, ensuring a solid foundation for the future.



1

Pregnancy care

- Health and Social Services Network (CIUSSS, GMF, Avis de grossesse, medical clinics, Info-Santé)
- Community-based organizations
- PRAIDA
- Various institutions (DPJ, libraries, pharmacies, schools, others)
- Word of mouth (referrals between families)
- Spontaneous sign-ups (no known referral)



Family support and services throughout the care process

- Psychosocial support
- Medical care
- Legal support
- Educational services
- Contraception
- Family Health Group (GMF) meetings
- Group activities, special outings, and parties
- Life planning support
- Parenting support
- Advocacy and legal information

Referrals

Referrals are available for community-based organizations, partners, frontline services, advocacy, and facilitating connections throughout the support process.



5

Postnatal care

- Home visits
- Intensive follow-up of the mother and baby during the first few weeks by the doctor, midwife, and nurse
- Breastfeeding support

2

Psychosocial assessment

- Eligibility Criteria and Vulnerability Factors
- Start of care

3

Prenatal care

- Joint care by the family doctor and the midwife
- Prenatal group sessions
- Psychosocial support
- Ensuring the family has everything they need to welcome the baby
- Group activities

4

Delivery

- At the hospital with the doctor from La Maison Bleue (or their substitute) or a birthing centre with the midwife from La Maison Bleue
- Support from a doula, if needed

6

Follow-up for children aged 0 to 5

- Health and Development
- Vaccination
- Psychoeducational Services
- Enrichment Groups
- Developmental Assessment
- Medical Follow-up
- School Readiness Assessment

7

File transfer

To the appropriate organization:

- Schools
- Local CLSC
- Second line
- Community groups
- Etc.

Prenatal and Family Healthcare

With a doctor, a nurse, and a midwife

- Physical and mental health care for all family members
- Vaccinations for babies, siblings, and pregnant women
- Individual or group prenatal care
- Postnatal care at home and at La Maison Bleue
- A guide to monitoring children's health and promoting their optimal development (2, 4, 6, 12, and 18 months, and 4 years)
- Workshops and groups: breastfeeding support, introduction to solid foods, baby care, etc.
- Tips on birth control

Psychosocial assessment and follow-up

With a doctor, a nurse, and a social worker

- Initial assessment and interdisciplinary intervention plan
- Psychosocial services (assessment, consultation, referral, and follow-up based on specific issues)

Educational services

With a specialized educator and a psychoeducator

- Early stimulation for ages 0–5 through group or individual sessions
- Child development assessments at 8 months, 2 years, and 4 years
- Psychoeducational support to assist parents and strengthen the parent-child bond
- Parent-child activities to build a trusting relationship in a playful setting

Legal Support

With a lawyer and a social worker

- Personalized support and advice
- Legal education and awareness using simple, easy-to-understand tools
- Thematic group workshops (housing, immigration, employment, etc.)

"Wow! I'm a social worker at CHU Sainte-Justine, and believe me, La Maison Bleue is an extraordinary organization that we simply couldn't do without! Their involvement is a real source of support for our little heroes and their families, who may sometimes be vulnerable or isolated."

– Karine, on TikTok



A well-supported team offering high-quality services

To ensure that we consistently offer high-quality services, our team has established a practice support system. Our support system centres robust alignment with our social perinatality care model, while ensuring that interventions are relevant for families and tailored to their needs. Through this approach, La Maison Bleue contributes to the consolidation and sustainability of our expertise across, all its locations, for the benefit of our professionals and the families we serve.

Tools for Harmonization and Practice Support

Publication of the guide *Interdisciplinary Practice at La Maison Bleue: Roles and Responsibilities by Profession, Key Contact Persons, and Team Meetings.*

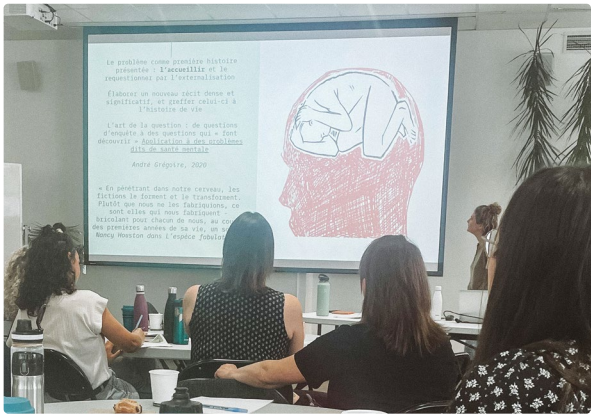
Engaging the practicing community of each discipline on the team to develop a guide on how La Maison Bleue professionals should respond to situations of neglect or abuse and coordinate with child protection services.

Updating the resource portal and specialized training for the clinical team.

Creating specialized onboarding programs to complement the general training, including resources tailored to respective professions such as social workers and lawyers.

Continuing education

- *The narrative approach as a tool for adopting a more constructive stance in the face of adverse realities,* presented by **Alexa Dubé**, psychoeducator at Soutien Solution.
- *Ethics in Action at La Maison Bleue,* presented by **Virginie Lecourt**, Interim Director—UDM's BCRR General Directorate, adjunct professor, and consultant in organizational ethics.



Professional Support Sessions

In addition to the support provided by the CIUSSS, La Maison Bleue offers spaces for reflection to help members of our team navigate increasingly complex family situations. This additional support strengthens our approach and provides necessary perspective for those who conduct demanding clinical interventions.

Whether as individual or group sessions, these meetings provide a solid foundation for practitioners and professionals. They foster a reassurance and deliberate planning, closely aligning with the needs of the families served at La Maison Bleue's five sites.

Performance Measurement Framework

This tool measures and analyzes interventions and processes to ensure the quality of the services provided and to identify meaningful lessons for the team.

Inspiring the next generation and collaborating with educational institutions

This year at La Maison Bleue, **192 interns** from a variety of disciplines worked with us across our five locations. In addition to offering a rich and diverse training environment, the organization strives to convey the importance of a preventive, community-based approach. This immersive experience allows these future professionals to ground themselves in a human-centered, interdisciplinary practice where collaboration and empathy guide every intervention.



Number of interns by discipline

Medicine
76 interns • 372 hours

Community medicine
44 interns • 401.5 hours

Medical clerkship
44 interns • 264 hours

Social work
8 interns • 1,172 hours

Law
2 interns • 308 hours

Nursing
13 interns • 784.5 hours

Special education and psychoeducation
3 interns • 463 hours

Other disciplines
2 interns • 483 hours

Education institutions:

Collège Maisonneuve • Collège ELLIS • Cégep du Vieux-Montréal
McGill University • Université de Montréal • Université du Québec à Montréal

"I am deeply grateful to have done my internship at La Maison Bleue. I was welcomed warmly and with great kindness. I had the opportunity to grow alongside a diverse team of professionals and learned a great deal from each of them. I also feel privileged by the trust that the families placed in me and for having been able to support them in moments of great vulnerability. I am concluding this one-year internship filled with gratitude, enriched by everything I've learned, personally and professionally, and forever touched by the resilience of the families—and especially of the women I have supported."

– Marie-Éloïse Lavoie-Martel,
undergraduate intern in sexology

"I discovered La Maison Bleue during my internship, through a program for medical students designed to introduce them to community settings and the realities faced by more vulnerable populations.

From the very beginning, I was moved by the deeply human approach, where health is viewed holistically, not only from a medical perspective (...) I was fortunate to work alongside an interdisciplinary team, whose collaboration and close ties to the community left a deep impression on me. The support provided is personalized, caring, and nonjudgmental. This experience has strengthened my interest in community settings."

– Saskia Cadeau, INCommunity Women's Program intern

Opportunities for the next generation

Sharing our approach for raising awareness in the classroom

- The Department of Special Education at Cégep de Sept-Îles
- The Department of Global Health at McGill University
- The Department of Psychoeducation at the Université du Québec à Trois-Rivières
- The Faculty of Law at the Université de Montréal
- The Social Law Clinic at the Université de Montréal



Current research

Validating our model's relevance through research and innovation

Culturally competent and safe perinatal care for families living in vulnerable situations.
Project with **Dr. Vania Jimenez, Dr. Hannah Shenker and Kathleen Rice | McGill University.**

Migration Trajectories and Parenting: Comparative Perspectives on the Parent-Child Attachment Relationship.
Project co-developed with **Karine Gagné,** with contributions from **Sarah Dufour and Élodie Marion Université de Montréal.**

Literature Review: Collaborative Models between midwives and physicians.
Research project with **Emmanuelle Bellemare, Emna Zorgati and Myriam Leclerc,** under the supervision and responsibility of **Dr. Emmanuelle Trépanier and Dr. Pascal Peschard | Université de Montréal.**

Contributing to research through participation in advisory committees

Assessment of the Experience and Cost of Prenatal Care Among Pregnant Women with Precarious Immigration Status in Quebec (PRÉNA-E-COUT').
Project by **Lara Gautier, Éric Tchouaket, Zoé Brabant, Laila Mahmoudi, Paulin Kouakou, Marie Dorey and Hamidatou Baba-Moussa | Université de Montréal.**

Becoming a Parent in Quebec: Parents' Diverse and Evolving Needs During the Transition to Parenthood and Promising Care and Support Practices to Address Them.
Project by **Julie Poissant | Université du Québec à Montréal, Annie Bérubé | Université du Québec en Outaouais, Josée Charette | Université du Québec à Montréal, Karine Gagné | Université de Montréal.**

Sharing knowledge and practices in social perinatality care and early childhood

Over nearly 20 years of operations, La Maison Bleue has developed and consolidated expertise in social perinatality care. Drawing on this expertise and experience, La Maison Bleue serves as a hub dedicated to the transfer and sharing of knowledge and best practices. This approach highlights lessons learned from practice, the sharing of knowledge between field teams and partners, and the continuous evolution of interventions, contributing to the strengthening of competencies and innovation within the organization. In line with this approach, a series of collaborations and resources aimed at further embedding social perinatality care at the heart of professional practices in the health, social services, legal, and community sectors has been rolled out over the past year.

Presentations of the model to key partners

- CHU Ste-Justine
- Defence for Children International Canada
- Réseau pour un Québec Famille
- Ordre des psychoéducateurs et psychoéducatrices du Québec
- ODISÉ research network
- Public Legal Education Association of Canada (PLEAC)
- Collectif Petite Enfance
- Dialog Health (France)

Knowledge Transfer and Professional Training

This year, La Maison Bleue conducted a needs assessment with its partners and various stakeholders to better understand the challenges and priorities related to social perinatality care practices and thereby improve our web platform, *Espace périnatalité social.*

Following this, La Maison Bleue organized and offered a series of webinars on attachment in the context of social perinatality care.

The development of these webinars, available on our platform, is part of the organization's efforts to expand its external presence and establish itself as a hub of knowledge. These webinars are specifically designed to support knowledge transfer, promote the expertise we have developed, and strengthen ties with partner organizations.

Webinar 1 | March 17, 2026

The Theoretical Foundations of Attachment

by **George Tarabulsy, Ph. D.**

Webinar 2 | March 24, 2026

The ARC model: Attachment, Regulation, and Competencies

by **Delphine Collin-Vézina, Ph. D.**

Webinar 3 | March 31, 2026

Examples of Intervention Practice

by **La Maison Bleue and guest organizations**
(Maison des familles de La Matanie, Entre mamans et papas, Regroupement pour la valorisation de la paternité)



The webinars have generated more than **1,700** registrations



More than **50%** of participants came from outside of Montreal

56% of participants came from healthcare backgrounds

More than **50%** had more than 10 years of experience in their field

Sharing expertise through accessible resources

Our newsletter, *Le Bulletin Perinat.Social*, reaches 1,143 subscribers. Topics include:

- Tools, training materials, and resources produced by La Maison Bleue
- A selection of resources available on the ***Espace périnatalité sociale***
- News and initiatives led by collaborators

Two themed dossiers were developed to highlight key information and avenues for reflection related to practices in social perinatality care. Each dossier contains a collection of resources, publications, and training opportunities.

This year, our topics were:
Breastfeeding • Attachment

The themed dossiers were viewed more than 830 times on the *Espace périnatalité sociale*

Maintain ties with social perinatality centres

Since 2021, La Maison Bleue has maintained close ties with Supported Social Perinatality Projects (PAPS), fostering regular exchanges on best practices and the realities of intervention. To consolidate this ongoing support, a consultation meeting helped identify priority needs. We have responded by implementation of targeted initiatives tailored to the realities of the projects, meant to enrich practices and strengthen collective expertise.

Supported Projects

- Au coeur de l'enfance (Montréal)
- Centre de périnatalité sociale Coeur à cœur (Chaudière-Appalaches)
- Étoile DUO (Estrie)
- La Clinique familiale L'Envol (Côte-Nord)
- La Maison des familles de la Matanie (Bas St-Laurent)
- La Marée (Gaspésie-Îles-de-la-Madeleine)
- Le Bourgeon (Laurentides)
- Le Lotus (Capitale-Nationale)
- O'Tour du bébé (Montérégie)
- Petits pas, grands pas (Bas-Saint-Laurent)

Celebrating solidarity at our Benefit Evening

On May 21, 2025, Théâtre Paradoxe welcomed more than 300 people, who gathered to support La Maison Bleue's mission as part of its annual Benefit Evening. Beyond the opportunity to meet and network, the evening highlighted the unwavering commitment of the members of our supportive village. The tremendous generosity of our partners, along with contributions from artists, donors, and volunteers, helped raise $170,136 to benefit families living in vulnerable situations.



Voices united for the cause

Brilliantly hosted by **Guylaine Tremblay**, actress and sponsor of La Maison Bleue, and under the artistic direction of Karine Arsenault, the evening was marked by wonderful artistic harmony. Performances by **Marie-Pierre Arthur, Patrice Michaud, Waahli, Tina Leon, Rosalie Ayotte, Fabiola N Aladin, Sam and Sean, and Antoine Gratton** provided the evening's soundtrack. The performance by **Chardelie Jean-Charles**, a mother receiving support at La Maison Bleue, was a particularly poignant moment that touched the heart of everyone in attendance.



Our evening's partners

BANQUE NATIONALE
La Caisse
BFL CANADA
Pierre Fabre Dermo-Cosmétique
énergir
NORDA STELO GÉNIE COLLECTIF
CN
Deloitte.
DEMERS AMBULANCES
FASKEN Traçons l'avenir
KPMG







Service provider partners

Pixgo • Bunka • Fannie Charron • Nastasia De Paoli

Media partners

La Presse

Auction items

Thank you to all those who participated in the online auction. Your generosity makes a real difference for La Maison Bleue and our families.

This year,
our benefit evening
raised a record-braking
$170,136!

Cultivating an active and engaged presence in the community

Working together to better meet the needs of our families

- Chantier montréalais des tout-petits de Réseau réussite Montréal (RRM)
- Early childhood collective
- Alliance Committee of the CIUSSS du Centre-Sud-de-l'Île-de-Montréal
- National Working Group on Fathers and Perinatal Care (RVP)
- Perinatal Care, Parenting, and Family Committee (SHERPA)
- Committee on Migrants with Precarious Immigration Status (SHERPA and CERDA)
- Confédération des organismes familiaux du Québec
- SHERPA University Institute
- Obvservatoires des tout-petits
- Observatoire québécois sur la santé des femmes et l'économie
- Pôle communautaire et de santé sociale à Montréal-Nord
- Projet Ensemble pour accueillir la vie à Laval (ENVIE)
- Coalition for the Promotion of Fatherhood (RVP)
- McGill University Primary Care Practice-based Research Network (PBRN)
- Réseau pour un Québec Famille
- Table Alliance : prévention de la négligence chez les tout-petits CIUSS du Centre-Sud-de-l'Île-de-Montréal
- Table de concertation des organismes au service des personnes réfugiées et immigrantes (TCRI)
- Table de la petite enfance de Parc-Extension
- Table de quartier de Parc-Extension
- Table des partenaires famille, ministère de la Famille
- Table famille de Verdun
- Vivre Saint-Michel en Sante : Comité Périnatalité et Petite Enfance

"Whether through leading educational and awareness-raising groups, by participating in community events, through courtesy visits, informational calls, sharing contacts, or referring families to La Maison Bleue, the interaction is always easy and constructive on both sides. The communication and goodwill in the relationship between the two organizations ensure better coexistence and collaboration in the neighborhood. We can count on one another. I sincerely believe in La Maison Bleue's mission."

– Julie Normand, community police officer



Placing resources at the heart of the professional community

Our *Espace périnatalité sociale* facilitates the transfer of knowledge in social perinatality care and early childhood care. This platform provides daily support to our team and strengthens our ties with community partners by providing them with a wide range of relevant and clearly communicated information.

espace périnatalité sociale Québec

A initiative of LA MAISON BLEUE

Perinat.social by the numbers

This year, we added

1,000 active users

compared to the same period in the previous year

3,000 visits

to the homepage

1,435 visits

to the webinars page

Thanks to the visibility provided by our webinars, *Espace périnatalité sociale* saw an increase of

712 members

a 48% increase in membership in just three months.

Our platform now has

1,459 members

from across Quebec and even some from France.

Content partners of the *Espace périnatalité sociale*

- Association pour la santé publique au Québec
- Association québécoise pour la santé mentale du nourrisson
- The Olo Foundation
- SHERPA University Institute
- Mouvement pour l'autonomie dans l'enfantement
- Naître et grandir
- Observatoire des réalités familiales du Québec
- STEP Project, Centre d'études interdisciplinaires sur le développement de l'enfant et la famille (CEIDEF) de l'Université du Québec à Trois-Rivières
- Regroupement Les sages-femmes du Québec
- Regroupement pour la Valorisation de la Paternité
- Réseau des Centres de ressources périnatales du Québec
- Rond-Point
- Table des groupes de femmes de Montréal

Shining in the heart of our virtual community

Web site maisonbleue.info

46,000

visitors

Our homepage

where you'll find our mission, purpose, and profiles of the families we support, was our most popular page.

Natural growth and credibility:

with

33,000 visits

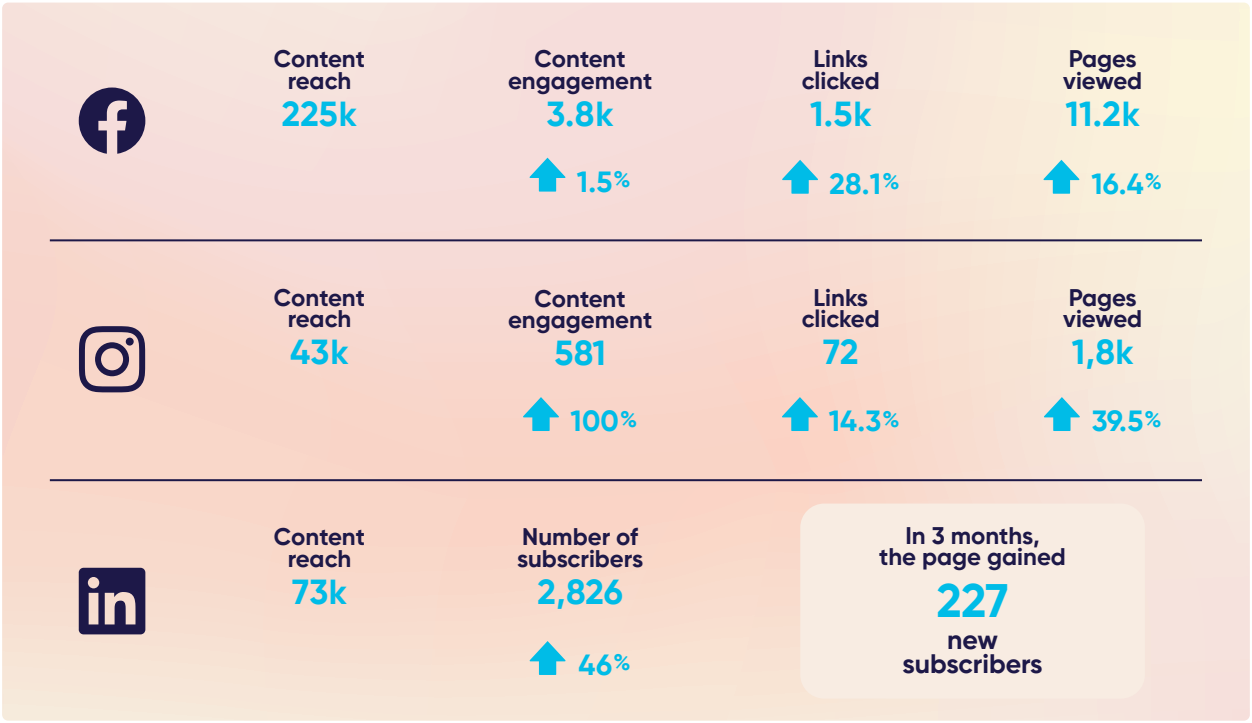
resulting from organic searches, it is clear that La Maison Bleue has established itself as a leader in its sector

Social media

The vitality of La Maison Bleue's virtual community relies on regular engagement, ensuring a strong network with partners and donors alike. This digital connection ensures lasting visibility and a steady increase in public interest.

"You are doing remarkable work and making a real difference."

– Agnès Boussion, on LinkedIn



Newsletters

Bringing our teams together: *le Rassembleu*

To maintain connection among the various teams and individuals involved on our board of directors and other committees, our internal newsletter shares news within the *réseau* La Maison Bleue, fostering a sense of unity despite our five separate locations.

- **Reach:** 6 issues per year sent to nearly 105 people.
- **Engagement:** an open rate of 63%.

Mobilizing our supportive village: *le Bulletin bleu*

Published quarterly, as well as special editions, *le Bulletin bleu* helps nurture our relationships with the organization's valued allies.

- **Reach:** 10 issues reaching a community of 1,500 subscribers.
- **Engagement:** an open rate of 51%, with increased interest in the fall issue, which had an open rate of 67%.

Empowering community stakeholders: *le bulletin perinat.social*

Recently launched, this mailing list is dedicated to the organization's mission of knowledge transfer. This newsletter helps preserve La Maison Bleue's expertise by informing members of the *Espace périnatalité sociale* of the latest training opportunities and available resources. This tool also helps target professionals from various disciplines to provide them with specific information relevant to their practice.

- **Reach:** 2 targeted issues sent to 700 professionals in the field.
- **Engagement:** strong interest, evidenced by an exceptional open rate of 73%.

In the media

Raising public awareness of the importance of social perinatality care in Quebec

Réseau pour un Québec famille | January 2026
"*Élections provinciales 2026 : quel parti sera celui des familles ?*", **Le Soleil** (Open letter cosigned by La Maison Bleue).

Amélie Sigouin | January 15, 2026
"*L'approche unique de La Maison Bleue et la périnatalité sociale*", ***Les aurores Montréal,* CIBL 101,5 FM** (Radio interview).

McGill Global Health Programs | February 2026
"In Conversation with La Maison Bleue", **Perspectives on Global Health** (In-depth interview).

La Marche de l'Enracinée | June 2025
"*Visite audio de La Maison Bleue Côte-des-Neiges*", ***Les Marcheurs de Montréal* Podcast** (Immersive report).

Nathalie Collard | October 30, 2025
"*Peut-on mieux accompagner les mères vulnérables ?*", **La Presse** (Column).

"By connecting the various professions and build bridges between different organizations and institutions. We do this with a caring approach, with a great deal compassion as well. I think that this is important in situations where people are a great deal of distress."

– Amélie Sigouin, Executive Director and co-founder of La Maison Bleue

A pro bono media campaign



Thanks to a valuable partnership with **Bell Media** and **Radio-Canada**, La Maison Bleue's message reached audiences across the metropolitan area over the winter. This generously provided media placement allowed us to share our mission across multiple platforms (television, subway ads, billboards, etc.). Extensive visibility serves as a major tool for raising public awareness about the importance of social perinatality care.

Honours and awards



Amélie Sigouin, Executive Director and co-founder of La Maison Bleue, winner of the Montreal YWCA Foundation's 2025 Women of Distinction Award in the Social Engagement and Solidarity category.



Sophie Bergeron, EEE, CPA, a member of La Maison Bleue, winner of the Excella Prize in the "Leader in Engagement" category at the CPA in the Spotlight Gala for the Greater Montreal region.

Building bonds through philanthropic engagement

This year, our community-led initiatives raised nearly $79,143. This financial support, combined with a significant collection of in-kind donations, contributes to the well-being of families in vulnerable situations supported by La Maison Bleue. This compassionate commitment reflects the strong bond that exists between La Maison Bleue and our valued donors.

Getting involved for the cause

Supporting traditions with Bôsapin

La Maison Bleue is one of the causes supported by this company. By selecting La Maison Bleue during the online checkout process, 15% of the profits from the sale are donated to the organization.

Fostering solidarity with CAE

The company donated Christmas baskets filled with gift cards for groceries to families.

Mobilizing her network with Isabelle G. Brancoli

As a member of La Maison Bleue's Board of Directors and Ambassador Committee, Isabelle organized a networking cocktail party that raised funds while promoting the organization's mission.

Contributing locally with Colle à moi

This Quebec-based company donates a portion of its profits from label sales to support organizations' fundraising efforts. By shopping directly on the page dedicated to La Maison Bleue on their website, you help ensure that 15% of your purchases go to support La Maison Bleue.

Sharing the magic with the Collège de Montréal

Students have come together to provide Christmas baskets for families.

Caring for others with Dr. Mavromichalis and Anne-Marie Bellemare

True to their commitment to La Maison Bleue, they organized a drive to collect food, toys, and Kombi-brand winter gear to benefit dozens of families.

Getting Involved with École Notre-Dame

Students organized a fundraiser to support the organization's mission.

Warming hearths with École Saint-Émile

Students organized a winter clothing drive to meet the needs of families.

Fostering mutual support with École Saint-Germain d'Outremont

The student community donated Christmas baskets, squash for the fall festival, and warm clothing.

Promoting health with Eclo Dental Care

The clinic prepared and distributed Christmas baskets filled with essential dental hygiene products.

Embodying kindness with Michel Fitzback

The local crossing guard generously agreed to dress up as Santa Claus to delight our little ones during the holiday season.

Running for the cause with the Montreal Beneva Marathon

Beyond our in-house team, many runners from the community chose to lend their cardio and energy to our cause. Together, they bolstered the organization's profile and raised valuable funds to support equal opportunities starting from pregnancy.

Partnering with Operation Santa Claus

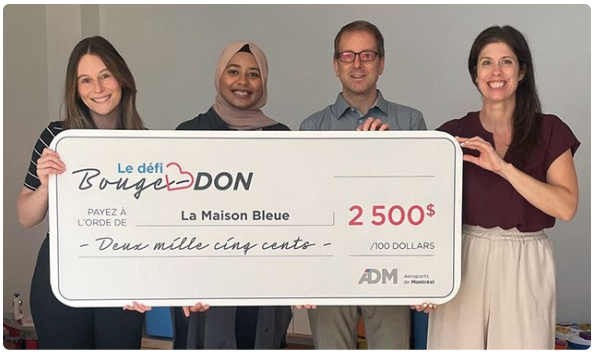
Several families benefited from this outpouring of generosity, receiving gifts as well as new clothes and winter boots.

Hosting with the Saint-Nom-de-Marie Boarding School

The students provided invaluable support through material donations and volunteer work during the summer and Christmas celebrations.

Spreading Solidarity with ADM Montréal Airports

In addition to visiting us to learn about our people-centered approach, they also directly supported the cause, raising $2,500 during their *Bouge Don* challenge.



Building bonds with the Graham Residence

Throughout the year, Graham residents demonstrated remarkable creativity by organizing sales of knitwear, jewelry, and cookies, as well as a charity brunch.

Cultivating well-being with Idolem

The studio generously offered community yoga sessions, transforming every movement into an act of solidarity to benefit the families of La Maison Bleue.

Benefiting from publicity and solidarity with Guylaine Tremblay

The grand prize winner (along with Patrice L'Ecuyer) of the TV show *LOL Qui rira le dernier ?,* Guylaine chose to donate her prize to La Maison Bleue.

Sheltering hope with the Pharmaprix Founation

Through the *Sheltering Hope* campaign, the Pharmaprix Foundation for Women's Health mobilized its community to support our mission and raise funds at one of their pharmacy locations.

Joining forces with the Montreal Police Brotherhood's Humanitarian Fund

Members of the Brotherhood showed their support by organizing two dedicated fundraisers supporting La Maison Bleue.

Beautifying spaces with Lebeau

The team from Lebeau repainted two of the offices, revitalized the terrace, and thoroughly cleaned the garden at La Maison Bleue St-Michel to prepare for winter, in addition to making a financial donation.



Getting hands-on with Fednav employees

Through their volunteer commitment at the heart of our daily activities, the Fednav team demonstrated concrete solidarity, providing invaluable support to our teams in maintaining La Maison Bleue Verdun site.



Caring for ourselves with Apivita

The company donated several skincare products and small gifts for the families and the team, gestures that bring comfort and joy to everyday life.

Shining with Mia Bijoux

To celebrate Mother's Day, this Quebec-based company generously donated a selection of jewelry for the mothers at our five sites.

Long-term support from Pierre Fabre Canada

For the past six years, the team at Pierre Fabre Canada has shown incredible generosity toward our mission. In addition to providing valuable donations of skincare products twice a year, the company organizes an annual sale for its employees, with all proceeds from admission fees going to La Maison Bleue.

Enjoying a delightful floral scent thanks to Bleu Lavande

The company donated baby care products for families, passes to their facility for volunteers, and a package for the charity auction at our Benefit Evening.

Counting on the commitment of the Rosemont College Teachers' Union

Through their recurring donations, these teachers demonstrate their lasting commitment to supporting our organization.

Our supportive village

Financial partners

Fiducie charitable Fournier-Éthier

Sœurs de Miséricorde de Montréal

Fondation Lucie Letendre et Yves Leduc

Fondation Jeanne Wojas et Robert Chevrier

Fondation Luigi Liberatore

Fiducie Yvon Boulanger

Fondation RBC

Fondation famille Mongeau

BUNKA | 10 years of partnership

"For the past 10 years, campaign after campaign, we've had the privilege of supporting La Maison Bleue in its communication projects, outreach, and deeply human mission. Behind every project lies a sincere conviction. Amélie, Vania, and their entire team don't just support families. They work, with remarkable humanity, to change the world. In their own way, they are helping to break the cycle of social exclusion, one connection at a time, one family at a time. And honestly, if it takes another 10 years to spread the word about this vital mission, Bunka will be there, with the same pride, the same heart, and the same commitment."

– Benoit Mc Nicoll, President and Creative Director, Bunka

Volunteer Support Program: La Maison Bleue would like to acknowledge the support of elected officials who help provide local assistance to families living in vulnerable situations.

Financial partners of Legal Support Services

Department of Canada

Barreau du Québec

Financial partners in the sharing of financial expertise

Desjardins

La Caisse

Major campaign partners

La fondation McConnell Foundation

Fondation familiale Trottier Family Foundation

Fondation Choquette Legault

Fondation Lise et Richard Fortin – En ♡♡♡ pour faire une différence...

iA Groupe financier

Banque Nationale

laVie en Rose – Par l'entremise de la Fondation les Roses de l'Espoir

énergir

Fenplast – Fenêtres Portes et fenêtres

Fondation Air Canada

Intelcom

Fondation J.-Louis Levesque – Depuis 1967

Power Corporation du Canada

Hart Family Foundation

Fondation Famille Godin

PwC

Banque TD

BFL

KPMG

Kruger

Fondation Famille Zeller

Norton Rose

Dollarama

Groupe Marcelle

Groupe Dynamite

Fonds Lapointe-Bibeau

Partners who offer pro bono services and equipment

Blakes

KD Services

Minibiblioplus

La Caisse

IBM

Coccoli

Groupe DISSAN

Pierre Fabre Canada

LCM Avocats Inc.

SOQUIJ

Royal distribution

Prestilux

Bunka



"(...) at La Maison Bleue, sometimes
you come in tired, broken

Shoulders weighed down with worries,

We enter in silence, but we leave
with a second wind

Because here, they welcome you,
they understand, they warm our hearts.

At La Maison Bleue, we don't see
precarity, we see dignity

We don't see fragility, we see strength;
strength that trembles, but stands tall (...)"

– Excerpt from *Hommage à La Maison Bleue*
by Kévine, a mother followed by La Maison Bleue

LA MAISON BLEUE

pregnancy • early childhood • family

La Maison Bleue provides support to pregnant women and their families living in vulnerable situations. Our goal is to reduce social inequalities and to promote the optimal development of children, from the womb until the age of 5.

Social perinatality care, the unique approach developed by La Maison Bleue, supports children's health and development by addressing the key social and health determinants from pregnancy onwards.

La Maison Bleue has served more than 8,690 people since 2007 and operates five sites in Montreal.



Côte-des-Neiges
3735 Plamondon Ave.
Mtl, Qc H3S 1L8
t 514 509-0833



Parc-Extension
7867 Querbes Ave.
Mtl, Qc H3N 2B9
t 514 507-9123



Saint-Michel
3539 Bélair Street
Mtl, Qc H2A 2B1
t 514 379-3539



Verdun
4636 Verdun Street
Mtl, Qc H4G 1N3
t 514 564-4936



Montréal-Nord
4896 Charleroi Street
Mtl, Qc H1G 2Y7
t 514 903-4896

maisonbleue.info

Charitable organization registration number: 856494323RR0001