

LA MAISON BLEUE

Our Impact
in 2025-2026

Working towards equal opportunities regardless of living situation

La Maison Bleue supports pregnant women and their families living in vulnerable situations. Its mission is to reduce social inequalities and promote the optimal development of children, from the womb through age 5.

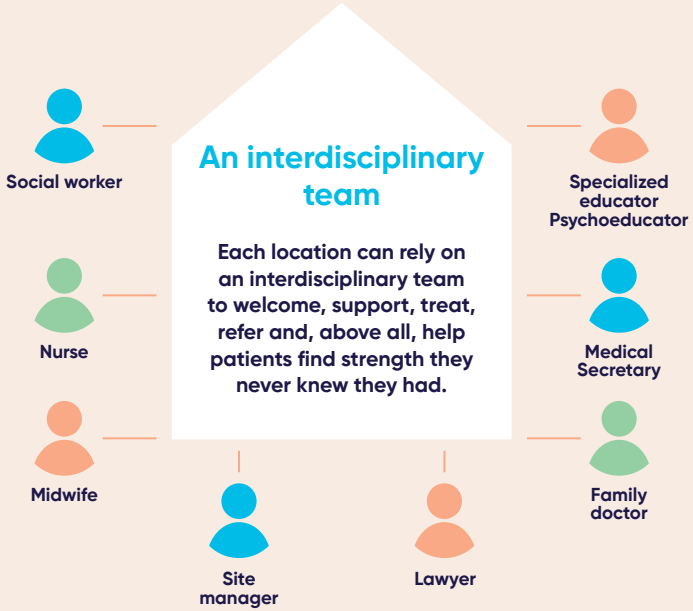
The approach developed by La Maison Bleue —social perinatality care— enables preventive intervention on the main social determinants of family health and their environment, with a focus on equal opportunity.

pregnancy • early childhood • family

Bringing the public system and community together

To ensure a holistic follow-up for the families it serves, La Maison Bleue has opted, from the very beginning, for an innovative ecosystem approach involving a link between three entities:

- a non-profit organization (NPO)
- an integrated university health and social services centre (CIUSSS)
- a family medicine group (GMF)



Espace périnatalité sociale,
The web platform for knowledge translation for professionals in social perinatality care and early childhood care in Quebec.

espace périnatalité sociale
Québec

A initiative of
LA MAISON BLEUE

Perinat.social by the numbers

This year, we addedd
1,000 active users
compared to the same period

3,000 visits
to the homepage

1,435 visits
to the webinars page

Visit
perinat.social

Familles followed
between April 1st 2025 and March 31st, 2026

	CÔTE-DES-NEIGES	PARC-EXTENSION	SAINT-MICHEL	VERDUN	MONTRÉAL-NORD*	TOTAL
Pregnant women	103	127	117	79	67	493
Mothers	351	327	334	161	90	1,263
Spouses	150	31	114	40	1	336
Children	382	333	416	182	84	1,397
Total number of people for the year	883	691	864	383	175	2,996

*Montréal-Nord has been in full-time operation since September 2025

La Maison Bleue's intervention model helps mitigate the effects of social vulnerability on the health of newborns. With the intervention model, families with complex needs or in challenging situations achieve optimal health outcomes.

Health indicators	La Maison Bleue	Quebec average*
Low birth-weight	**6.15%**	**6.60%**
Premature birth	**7.36%**	**7.40%**
Breasfeeding exclusivelyy (at dischage from hospital)	**71.4%**	**51.8%**

* Source: *Institut de la statistique du Québec*

Key issues and challenges identified by our families

- **Precarious financial situation: 77%**
- **Isolation, emotional fragility, etc.: 76%**
- **Asylum seekers: 64%**
- **Language barriers: 29%**
- **Low level of education: 23%**
- **History of violence: 23%**
- **Single parent or absent partner: 22%**
- **Unwanted pregnancy: 17%**
- **Domestic violence or marital difficulties: 8%**

The Legal Support Services

When a legal issue arises in a context of vulnerability, families can quickly feel overwhelmed. The lawyers at La Maison Bleue provide tailored support and clear information on the options available when facing a legal issue.

Our year in numbers

510 people supported by LSS

2,734 individual interventions

29 informational workshops attended by 175 people

98% of those surveyed answered YES to the question

Do you feel that you are heard, understood, and respected by the lawyers at La Maison Bleue?

Over 22,700 individual interventions

A team of 80 people working at 5 sites

192 interns from a diverse set of disciplines

92 volunteers who gave us 1,725 hours

Our Impact in Numbers

493 pregnancy follow-ups

27 inspiring initiatives involving citizens and businesses

390 groups and 29 special activities

8,690 people followed since the opening of the first Maison Bleue in 2007

Let's stay in touch

Since 2024

Montréal-Nord
4896 Charleroi Street
Mtl, Qc H1G 2Y7
t 514 903-4896

Since 2017

Saint-Michel
3539 Bélair Street
Mtl, Qc H2A 2B1
t 514 379-3539

Since 2011

Parc-Extension
7867 Querbes Ave.
Mtl, Qc H3N 2B9
t 514 507-9123

Côte-des-Neiges
3735 Plamondon Ave.
Mtl, Qc H3S 1L8
t 514 509-0833

Since 2007

Verdun
4636 Verdun Street
Mtl, Qc H4G 1N3
t 514 564-4936

Since 2021

Name: _____

_____

Phone: _____

Email: _____

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Maison Bleue: _____

Visit our website